



"THERE IS NOTHING ABOUT A CATERPILLAR THAT TELLS YOU THAT IT'S GOING TO BECOME A BUTTERFLY"

Supporting the Government's aim to reduce the levels of re-offending.

A reduction in the prison population of 5% would save £120 million!

The Chrysalis Programme

A Personal Leadership and Effectiveness Development Programme applied to offender client groups. The Chrysalis Programme uses the same world class interventions/solutions demanded of and expected by the business/ corporate world to produce high quality content and outcomes. This better supports an individual's desire to own and drive their personal change in behaviours. The result is an individual that is more self-aware and less likely to re-offend, with a consequential potential reduction in re-offending rates/levels.

Accredited Qualification - Through Edexcel

The Chrysalis Programme is nationally accredited, providing individuals with a recognised **BTEC Level 2 Certificate in WorkSkills (Employer Recognised)**. *GCSE equiv: Grade C,*

Development Modules

The Chrysalis Programme contains, 12 development modules totaling a minimum of 18 guided learning days, as follows:

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|--|--|
| ✦ Know Thy Self | ✦ Business Enterprise |
| ✦ 7 Habits of Highly Effective People | ✦ Motivational Speakers/Event |
| ✦ Interpersonal Skills | ✦ Living with Change |
| ✦ Speech, Language & Communication Skills | ✦ Personal Leadership |
| ✦ Health and Wellness (Drug & Alcohol Awareness) | ✦ Citizenship |
| ✦ Interview Skills | ✦ Numeracy Skill |
| ✦ CV preparation | ✦ Thinking Differently (Creative Thinking) |
| | ✦ Group-Work |
| | ✦ Practical Exercises |

Inter-modules Development

The Chrysalis Programme uses both *guided learning sessions* as well as *inter-module learning activities* (learner driven), to enhance learning and provide a blended learning & development experience. Inter-module learning activities include:

- Guided Learning Sessions** - Development Modules
 - Allocation of a personal **Mentor** and mentor meetings
- Discovery Journal** - Self Assessment and Learning Logs
- Work Placements/Career Advice** & gaining real job skills
- Community Project/Challenge**

Individuals learn how to better understand, manage and modify their interactions with others, in terms of, attitudes, behaviours and choices, leading to improved communications, interpersonal skills and less anti-social behaviours.

The Chrysalis Programme per capita price is comparable to the cost of a ONE year *Community Punishment & Rehabilitation* Order of £4,000.

The Impact of The Chrysalis Programme

The Chrysalis Programme is designed with thought provoking content/activities, creating an environment where individuals are engaged, inspired and compelled to reflect on their choices.

As a holistic development and rehabilitation programme, it provides Offenders with the skills, confidence and capability to own and drive changes in their personal behaviours.

This results in greater self-awareness of impacts of behaviours, improved self-esteem, inclusion with others and proposed new direction to their lives if, re-offending is to be avoided. Individuals develop clarity on what actions needs to be taken to achieve these positive desired outcomes.

"It works for me because if I stick to this it will give me improved outcomes, a greater sense of meaning and purpose, more life balance and peace of mind and a reputation for following through"

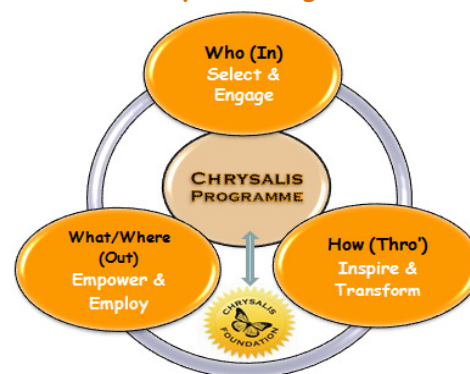
Gary, Offender HMP Reading

Uniquely Licenced & World Class Learning Partners

Content/materials have been uniquely licensed to The Chrysalis Programme, providing unique, innovative and leading edge content, for the first time made available to Offender client groups. **The following is a list of our leading Partners:**

- ✦ **Dr Stephen Covey:** internationally respected leadershipauthority, teacher, organizational consultant and author
- ✦ *The 7 habits of Highly Effective People (FranklinCovey),*
- ✦ **Dr Edward De-Bono:** is regarded by many as the leading authority in the field of creative thinking, innovation and the direct teaching of thinking as a skill.
- ✦ *Six Thinking Hats/Lateral Thinking (The Holst Group),*
- ✦ **The Prince's Trust** - Mentors and Business Enterprise
- ✦ **The Learning Architect** - Health and Wellness
- ✦ **David Buffin International** - Results/Goals Coaching
- ✦ **People Alchemy** - Information, tips, tools & advice
- ✦ **TrainerBubble** - Learning and Development Resource
- ✦ **The Wizard Network,-** Creative Learning & Change

How The Chrysalis Programme Works



The Chrysalis Programme is eligible for LSC funded and is either partially subsidised or fully funded (free at point of use) for offender client groups.