



HMP Reading initially thought that the Chrysalis Programme was something they already delivered within their learning and development courses.

What they found instead was that the Chrysalis Programme aligned and complimented their existing courses, which in turn enhances learning and creates greater understanding and personal growth for the participating individuals.

In addition, the prison staff reported some further positive feedback from those offenders who attended the Chrysalis Programme.

“Feedback responses from the Programme are the best I have ever seen. I especially like the comments of Gary who was fairly representative:

‘It works for me because if I stick to this it will give me improved outcomes, a greater sense of meaning and purpose, more life balance and peace of mind and a reputation for following through’

Prison Officer, Vocational Training Team, HMP Reading

With the support of the HMP Reading prison staff, the Chrysalis Programme has enabled the offenders in their charge to achieve something worthwhile with their lives.

CHRYSALIS PROGRAMME

They have reported that this change in attitude has led to a more constructive and mature level of offender than had previously been the case.

Staff at HMP Reading have seen and experienced the fruits of delivering a world class Personal Leadership and Personal Effectiveness Programme and how it can support/enable individuals to own and drive personal change in their lives.

Why now?

The National Audit Office Report (UK) questions the £10bn spend and with the way offender behaviour is being addressed and that it is simply not working with ever increasing reoffending levels.

With the growing and urgent need to reduce the likelihood and/or propensity of re-offending and how this can be achieved by a change in thinking to drive new behaviours, the Chrysalis Programme innovatively offers its participants a number of substantial and sustainable benefits, as feedback from those who have attended shows:

“Thank you... you’ve handed me a manual that could help me change my life, others and maybe even the world...”

“It better because we’re treated like adults... Because I now know my skills”

“It will help & enable me to relate to other people and hopefully other people to relate to me”

“When I first heard about the Chrysalis Programme, I thought we already do all of that in HMP/YOI Reading. Now after working with you that I realise that not only do we not cover what the Chrysalis Programme does but we also do not deliver it in the way that you do”

Head of Learning/Vocational Skills
HMP Reading

“It helps me realise how I can change my ways of thinking and thinking patterns, whilst having fun at the same time. THANK YOU”

“I think the Chrysalis Programme is great! Completely changed my view on life and the way I speak to others. Made me see my own potential. Thank You”

Feedback Clients Clients HMP Reading

“The Chrysalis Programme delivers some of the most challenging work that young offenders do at HMP/YOI Reading. It tackles the individual reasons that lie behind what makes young men break the law in the first place”

Mike Morris, Head of Learning and Skills,
HMP/YOI Reading

