

## Case Study – Lincoln



**NAME:** "Lincoln"

**CHARGE:** GBH with Intent

**AGE AT SENTENCING:** 19 yrs

**SENTENCE:**

6 years IPP: HMP/YOI Reading

*"It Brought My Life into a clearing, and I understand what to do and how to do it.*

*"Best Course I have attended. Really got to me!*

*The words and lessons meant something. Thank you*

*'Lincoln'*

### Background

Lincoln was one of 11 kids. They did not all have the same mum, except Lincoln and two others, but all had the same Dad.

When growing up he did live a happy and healthy life which continued up to the day he went to jail.

Lincoln loves football, as does his brothers, and they all used to meet every day after school and play football in the cage.

From the age of 8, he played for a football team called Eastpoint and, at age 13, he was scouted by Bournemouth Academy football coach who he went on to play for.

At 15 years of age, Lincoln was scouted by a Southampton Academy football coach who asked him to train with them.

This he did but found out that this was not allowed when Bournemouth contacted Southampton.

This resulted in Lincoln being kicked out of both academies. After this Lincoln gave up football and started to hang around with his mates on the streets, fighting and drinking.

**CHRYSALIS PROGRAMME**

### How Lincoln got in trouble

One night Lincoln and his mates all got into a fight and all were arrested and put on court bail for 7 months. While Lincoln was on bail he saw a witness who was giving evidence against him.

He called him a 'fat bitch' and a 'grass' and this led him to being arrested for witness intimidation and, at age 16, he received a 4 month detention order.

Lincoln was released after 2 months and this is when things really started to go wrong. He came out of jail at age 16 to find his mum wasn't at home and had gone to live in Birmingham leaving his little brother, who was 10, with his big brother's girlfriend to care for him.

As Lincoln says, *'So you can imagine at age 16 with no mum to tell me off, his dad had left by the time, I started running riot on the streets with my mates, doing anything we wanted'.*

From age 16 to 19 Lincoln went back to jail a further 6 times. On his last release he came out of jail and within the first week out he was caught up in madness which has now earned him a 6 year IPP, which is classed as a life sentence.

### Why did I chose to come on the Chrysalis Programme

The Chrysalis Programme was linked to an Engineering course and so Lincoln wasn't sure if it would benefit him.

Lincoln initially only started engaging in the course in the 'activities' and then he realised why it was he was sat in this classroom with 7 other people. Lincoln says, *'I think this is a brilliant course and a really good opportunity to see the bigger picture in life'.* He has signed up to attend a 2<sup>nd</sup> time to consolidate his learning.

### His Experienced On The Chrysalis Programme

Lincoln enjoyed the Chrysalis Programme because it made him see things more clearly.

**Lincoln says,**

*"Believe it or not, it has enhanced my communicating skills and how I talk to people, i.e., parent, adult, child"*

*'It has made me think clearly and when I first came on the course I just thought it was just another course... It isn't'*

*But it was about David talking about paradigms and how I look at things in life"*

### The Future

Lincoln is very positive about his future.

He says: *'I'm not gonna lie and tell you I'm gonna act like the royalty, but I am going to turn my life around' 'I have said I would change in the past but that was before I came on the Chrysalis Programme and I had never seen the bigger picture in life'*

*'I had never had the support of the Chrysalis Programme... I feel like I can turn for help when I need it ... I can stop and think are this lot really my friends and how can they be when every time I am with them I get into trouble'.*

*'So yes, I hope to carry on with my Engineering course, attend college, keep in touch with the Chrysalis Programme and stay on the straight and narrow'.*

Lincoln would also like to help others to open their eyes and help them know how he was helped through the Chrysalis Programme.

*"There is nothing about a caterpillar that tells you it's going to become a butterfly".*

