

Testimonials

Chrysalis Programmes HMP Oakwood 2013

"It doesn't compare, I've taken more from this course than any other. I would like to do the Chrysalis Course again to reinforce things"

Keith Mitchell

"I believe I can achieve things now, just got to put work into it. Chrysalis – Amazing, compared to any other course"

Chris Higgins

"I have learned more from this course than on any other course I have been on. Chrysalis help me change how I come across to others and how to think differently"

David Haji

"I enjoyed The Chrysalis programme and would have liked it to be longer so I could do more modules"

Richard Scott

"It was much better than other courses. I really enjoyed it and will advise others to attend"

John Henson

"Before I did The Chrysalis Programme I was lacking in confidence and negative, but now I'm happy, confident, positive and focused on turning my life into a prison free one."

Charles

"It was put over in a way I could understand. I have had to look at myself and look at my wrongs"

Stephen Atkin

"The Chrysalis Programme is the way to gain a positive attitude and wider view on life, especially when it comes to the choices we take in life. Chrysalis breaks things down for you and makes things like choices easy to understand and action. It makes it easy to make the correct choices that you should make."

Asad

"You Helped me appreciate learning again, seeing the things that were right in front of my eyes that I could not see. Put positivity back again into my life"

Peeta Wilson

"It was much better than other courses. I enjoyed the course and will tell others that it is a good course to come on"

David Thomas

"Chrysalis has a lot more to offer than other course, because it cover a lot more. I will be putting the oxygen mask on myself first before I help others"

Terry Barker

"The Chrysalis Programme is by far the best course I've been on and everything is explained simply so that everyone understands. The course speaks for itself."

John Brighton

"Superb course & David is brilliant. Thank you David, this course is helping me change my life"

Ciaran Devlin

"I thought it was very in depth. I enjoyed The Chrysalis programme and would like it to be longer"

Phillip Harvey

"I would like to thank you David for making a lasting impression on me and my life and I am sure others (my Family) would thank you for the change in me also – Thank You"

Tyrone Clarke

"To 'live-in-the-gap' and that you always have a choice is the most memorable thing for me. Also be aware of your paradigms as these two I can use in my life everyday"

Darren

"I feel the Chrysalis Programme was set out so much better than other courses I have done and I have spoken about it to my friends outside prison, my Family, other inmates & my OMU Officer"

Marcus

"I enjoyed learning the best ways to present myself"

Anthony Gould

CHRYSALIS PROGRAMME